

- **You may not have anything to eat or drink (including water) for eight (8) hours prior to the appointment.**
- **A responsible adult must accompany the patient to the office and drive the patient home.**
- **A responsible adult must stay with the patient for a minimum of four (4) hours after arriving home.**
- **The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia.**
- **Please wear loose fitting clothing with sleeves which can be rolled up past the elbow, and low-heeled shoes (no sandals).**
- **Contact lenses, jewelry, and dentures must be removed at the time of surgery.**
- **Do not wear lipstick, excessive makeup, or nail polish on the day of surgery. Any nail polish or artificial nails may need to be removed.**
- **Minors must be accompanied by a parent or legal guardian.**
- **If you have an illness such as a cold or sore throat, please notify the office.**
- **If you take routine oral medications in the**

**morning, please take with a small sip of water  
unless told otherwise by your oral surgeon.**